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Initial Proposal – Draft - 1

Readopt with amendment Mhp 301.01 through Mhp 301.04, effective 12-19-23 (Document # #13786), to read as follows:

Mhp 303.01 Educational Requirements for Pastoral Psychotherapists. All applicants for licensure for pastoral psychotherapist shall have completed one of the following sets of requirements:

(a) Concentration in theological studies, by demonstrating the following:

(1) Have met the standards as defined by RSA 330-A:17, I – ~~XI~~;

(2) Hold the following degrees:

a. A baccalaureate degree from a regionally accredited college or university;

b. A Master of Divinity degree from a school of theology accredited by the American Association of Theological Schools or have met the theological body of knowledge as defined by the Association for Clinical Pastoral Educators and approved by the New Hampshire Pastoral Psychotherapist Association, available as noted in Appendix II; and

c. A doctoral degree in pastoral psychotherapy or psychology and clinical studies based on a program the content of which was primarily psychology, pastoral counseling or psychotherapy and clinical studies, or its equivalent in both subject matter and extent of training;

(3) The following areas of study shall be included as components of the academic degrees required in (2) above:

a. Theories of personality and personality development;

b. Interpersonal relations;

c. Marriage and family dynamics;

d. Group dynamics;

e. Personality and culture;

f. Psychopathology;

g. Psychology of religious experience;

h. Theories of counseling and psychotherapy;

i. Personality assessment and statistics;

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- j. Theories of the pastoral office, including the history and theory of pastoral care;
 - k. Research methods,
 - l. Models of integration of psychology and spirituality; and
 - m. Orientation to the helping professions and ethics;
- (3) Are a member of and have maintained active membership in a denomination or faith group; and
- (4) Are a member of and have maintained active membership in the New Hampshire Pastoral Psychotherapist Association; or
- (b) Concentration in multidisciplinary studies by demonstrating the following:
- (1) Hold a current active license recognized by the NH board of mental health practice or NH board of psychologists; and
 - (2) The course of study has components that study a multidisciplinary core body of knowledge that includes the following:
 - a. “Area I: Core Clinical Theory” shall include but not be limited to:
 - 1. A minimum of 18 semester hours with courses in 2-6 making up the 18;
 - 2. Counseling and psychotherapy: theory and techniques of at least 6 hours;
 - 3. Group dynamics: theory and technique of at least 3 hours;
 - 4. Couples and family systems: theories and techniques of at least 3 hours;
 - 5. Social and cultural diversity of at least 3 hours;
 - 6. Elective courses of at least 3 hours shall include but not be limited to:
 - (i) Theories of human behavior: learning and personality development;
 - (ii) Appraisal, evaluation and diagnostic procedures;
 - (iii) Abnormal behavior;
 - (iv) Addictions; and
 - (v) Foundations of spiritually integrated psychotherapy; and

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7. Specialized technical studies with a minimum of 6 semester hours that includes the following topics:

- (i) Psychodynamic psychotherapies;
- (ii) Marriage and family systems;
- (iii) Humanistic psychotherapy;
- (iv) Transpersonal psychotherapy;
- (v) Cognitive therapy;
- (vii) Behavior therapy;
- (viii) Grief therapy;
- (ix) Group therapy; and
- (x) Post-modern and constructivist therapies; and

b. “Area II: Pastoral Counseling Foundations” which include but shall not be limited to:

1. Required graduate courses of a minimum of 21 semester hours with hours in 2 and 4 making up the 21:

2. Graduate courses:

- (i) Sacred texts of at least 3 hours required;
- (ii) Theology and theological ethics of at least 6 hours;
- (iii) History of pastoral care and counseling;
- (iv) Pastoral diagnosis; and
- (v) Basic pastoral care; and

3. Elective courses of at least 6 semester hours in the following:

- (i) History of one’s faith group; and
- (ii) World religions or comparative religions studies shall include the following:
 - i. Spirituality and spiritual formation;

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- ii. Pastoral theology;
- iii. Faith development;
- iv. Theology of psychotherapy;
- v. Psychology of religion; and
- vi. Clinical pastoral education or pastoral care specialist training.

Mhp 303.02 Practical Experience for Pastoral Psychotherapists Who Graduated With a Doctoral Degree in Clinical Psychology.

- (a) Applicants shall have completed 2 years of supervised experience in pastoral psychotherapy.
- (b) A year of experience shall be not less than 1500 hours.
- (c) Of the 3000 hours, at least 1375 shall be clinical counseling hours, with at least 250 hours of individual face-to-face supervision.
- (d) The applicant shall give evidence of satisfactory completion of one unit of CPE accredited by the Association for Clinical Pastoral Education or a unit of training approved by the New Hampshire Pastoral Psychotherapist Association.
- (e) Supervision shall be done by at least 2 different New Hampshire state approved supervisors, at least one of whom shall be a licensed pastoral psychotherapist, pursuant to the requirements set forth in Mhp 302.01(c).
- (f) The supervised experience shall begin following the completion of the academic or coursework portion of the postgraduate studies in pastoral counseling.
- (g) The supervised experience shall be adequately divided to assure competence in intake and referral consultation, as well as individual, group, marriage, divorce, and family therapy.
- (h) Supervised experience shall not include class work, practicum experience, or other course-related experiences.
- (i) Supervisors shall not be related to the supervisee in any of the following ways:
 - (1) Spouse;
 - (2) Parent, stepparent, parent-in-law, or step-parent-in-law;
 - (3) Natural, foster, or adopted child or stepchild; or

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(4) Sibling, brother-in-law, or sister-in-law; and

(5) Does not have a dual relationship with supervisee which may impair their objectivity as described in Mhp 501.02(c).

(j) Independent private mental health practice shall not be considered supervised professional experience.

(k) If the supervised professional experience was in a private practice, then and the supervisee shall have a W-2 relationship with the site. A 1099 independent contractor relationship with the site shall not meet this requirement.

(l) Additional supervision may be obtained by a supervisee in order to meet the requirements of Mhp 303.02 (e).

Mhp 303.03 Practical Experience for Pastoral Psychotherapists Who Have a Mental Health License in Another State.

(a) Applicants applying for pastoral psychotherapist with a concentration in theological studies shall:

(1) Provide evidence of satisfactory completion of one unit of CPE approved by the New Hampshire Pastoral Psychotherapist Association; and

(2) Have supervision completed by at least 2 different New Hampshire state approved supervisors, at least one of whom shall be a licensed pastoral psychotherapist.

(b) Applicants applying with multidisciplinary concentration shall:

(1) Have completed 750 hours of supervised experience in pastoral psychotherapy;

(2) Ensure that all 750 hours are clinical counseling hours completed through supervision by a board approved licensed pastoral psychotherapist supervisor;

(3) Have completed 50 hours of face-to-face supervision by a board approved licensed pastoral psychotherapist supervisor;

(4) Begin following attainment of a license granted by the NHBMHP or board of psychology and have completed the core body of knowledge; and

(5) Not have a personal relationship with the supervisor as described in Mhp 302.03(b)(3).

Readopt Mhp 303.04, effective 6-24-15 (Document #10857), to read as follows:

Mhp 303.04 Other Requirements for Pastoral Psychotherapists. All applicants for pastoral psychotherapist license shall:

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+elizabeth.t.eaton@oplc.nh.gov Note - there are no Plc 313 rules for pastoral psychotherapists

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(a) Take and achieve a passing grade on the NHPPA Pastoral Psychotherapist Licensure Examination: Clinical Theory and Practice; and

(b) Hold an active membership in the New Hampshire Pastoral Psychotherapist Association.

Readopt Mhp 304.01, effective 6-24-15 (Document #10857), to read as follows:

Mhp 304.01 Educational Requirements for ***Independent Clinical Social Workers***.

(a) All applicants for licensure shall have a 2-year clinical graduate degree in social work from a school approved by the Council on Social Work Education.

(b) Course work for a graduate degree in social work shall be primarily related to clinical social work in content as evidenced by at least 5 of the following areas of study:

- (1) Theories of personality development, ego psychology, object relations, human behavior and social environment;
- (2) Methods of casework or clinical interventions, social work practice and direct practice;
- (3) Theories of cross-cultural development, and race relations;
- (4) Marriage and family dynamics, family systems, and therapy with children;
- (5) Group behavior and dynamics;
- (6) Theories of psychopathology, adaptive, and maladaptive functioning;
- (7) Chemical dependency and substance abuse;
- (8) Research methods, including policy practice evaluation; and
- (9) Internship in a clinical setting, and field placement.

Readopt with amendment Mhp 304.02 through Mhp 304.03, effective 12-19-23 (Document #13786), to read as follows:

Mhp 304.02 Practical Experience Requirements for ***Independent Clinical Social Workers***.

(a) Applicants shall have completed, at a minimum, 2 years of post-masters supervised clinical work experience as follows:

- (1) A year of supervised clinical work experience shall be at least 1500 hours to have been completed within not less than 12 months and not more than 24 months, for a total of 3000 hours of work experience;

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+Chantell.B.Wheeler@oplc.nh.gov clinical social workers are now called independent clinical social workers. This changed last year and needs to be changed in the rules.

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(2) The supervision shall have included a minimum of one hour per week of individual face-to-face supervision between the supervisor and the applicant for a total of 100 hours; and

(3) The supervision shall be completed between 2 and 4 years from the date the approved supervision began.

(b) Notwithstanding (a) above, an applicant holding a current master licensed alcohol and drug counselor (MLADC) license issued by the board of licensing for alcohol and other drug use professionals may, under RSA 330-A:18, III substitute their experience as an MLADC for up to 1500 hours of the work experience requirement under (a)(1) above and shall be permitted to substitute up to 50 face-to-face supervision hours under (a)(2) above.

(c) Acceptable clinical supervised experience shall require face-to-face contact with a supervisor who is responsible for the clinical development and guidance of the supervisee and is familiar with the supervisee's work and organized setting.

(d) Acceptable clinical supervised experience shall comply with the following:

(1) The supervision shall be from an individual meeting the specification set forth in Mhp 302.01(c);

(2) The supervisor shall be licensed in the state where the supervision takes place;

(3) The supervision shall occur on site where the applicant delivers services, at a mutually convenient and ethically appropriate site, or using a virtual HIPAA compliant platform;

(4) Supervised experience shall not include any hours cumulated prior to the conferral of the clinical graduate degree;

(5) The supervisee shall not utilize their own independent private mental health practice as an acceptable setting for supervised clinical work experience;

(6) If the supervised professional experience was in a private practice, then the supervisee shall have a W-2 relationship with the site. A 1099 independent contractor relationship with the site shall not meet this requirement;

(7) The supervisor shall not be related to the supervisee in any of the following ways:

a. As a spouse;

b. As a parent, stepparent, parent-in-law, or step-parent-in-law;

c. As a natural, foster or adopted child, or stepchild; or

d. As a sibling, brother-in-law, or sister-in-law; and

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- (8) The supervisor shall not have a dual relationship with supervisee which might impair their objectivity as described in Mhp 501.02(c).

Mhp 304.03 Examination for ***Independent Clinical*** Social Workers.

- (a) All applicants for licensure shall pass the clinical level exam distributed by the Association of Social Work Boards (ASWB).
- (b) The following shall be submitted as evidence of a passing score on the ASWB clinical level examination:
- (1) Written verification from ASWB sent to the board office; or
 - (2) A “Social Worker Request for Results of Exam Score Form” described in (c) below and completed by another jurisdiction and sent to the board office.
- (c) Applicants wishing to take the clinical level exam shall complete and submit to the board a “Request To Sit For The Association of Social Work Boards Clinical Exam” form requiring the following information:
- (1) The applicant’s name as it appears on the photo ID to be used at the test site;
 - (2) The applicant’s mailing address;
 - (3) The applicant’s home or cell phone number;
 - (4) The applicant’s e-mail address;
 - (5) The applicant’s date of birth;
 - (6) The applicant’s social security number for the purpose of child support enforcement pursuant to RSA 161-B:11;
 - (7) Yes or no to the question “I have an approved “Candidate for Licensure: Supervision Agreement” on file with the NH Board of Mental Health Practice;
 - (8) Yes or no to the question “Pursuant to Mhp 304.03(d), I have completed at least 18 months of clinical supervision”; and
 - (9) The applicant’s signature and date of signing.
- (d) Applicants for ***independent clinical*** social work licensure shall have worked under board approved supervision for at least 18 months prior to taking the examination.

Readopt with amendment Mhp 305.01, effective 12-19-23 (Document # #13786), to read as follows:

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Mhp 305.01 Educational Requirements for Mental Health Counselors.

(a) Applicants shall have a 60 semester hour master's or doctoral degree in clinical mental health counseling from a Council for Accreditation of Counseling and Related Educational Programs (CACREP) accredited institution pursuant to RSA 330-A:19, I unless approved otherwise in (b) below.

(b) An applicant who did not attend a CACREP accredited institution may apply for licensure if:

(1) They have been granted a master's degree, with a minimum of 60 credit hours, in clinical mental health counseling, or a doctoral degree in clinical mental health counseling from a school which is a regionally accredited institution of education;

(2) The degree granted in (1) above consists of a course of study, which encompasses a minimum of 2 academic years, 4 semesters, of full time graduate study; and

(3) The master's or doctoral program shall:

a. Be described as a complete 60 or more credit hour program in clinical mental health counseling in catalogues and brochures;

b. Specify the intent to educate and train counselors in mental health counseling;

c. Have clear authority and primary responsibility for the core and specialty areas;

d. Have an integrated, organized, sequence of study;

e. Have an identifiable body of students who are matriculated in that program for a degree; and

f. Include at least 700 hours of supervised practicum or internship appropriate to mental health counseling.

Readopt with amendment Mhp 305.02, effective 5-14-24 (Document #13903), to read as follows:

Mhp 305.02 Courses Required for Mental Health Counselors.

(a) The 60 semester hour degree in mental health counseling shall include coursework consisting of at least 33 semester hours consisting of 3 hours in each of the following 11 areas:

(1) Human growth and development;

(2) Abnormal psychology/psychopathology;

(3) Clinical counseling theories;

(4) Clinical counseling techniques;

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- (5) Social and cultural foundations;
- (6) Group work;
- (7) Professional orientation and ethics of mental health counseling;
- (8) Career and lifestyle development;
- (9) Testing and assessment;
- (10) Research and program evaluation; and
- (11) Addictive behaviors.

Readopt with amendment Mhp 305.03, effective 12-19-23 (Document # #13786), to read as follows:

Mhp 305.03 Practical Experience for Mental Health Counselors.

(a) Applicants shall have completed at least 2 years of post-master's or doctoral supervised clinical work experience in a mental health setting.

(b) A year of supervised clinical work experience shall not be less than 1500 hours, which have been completed within not less than 12 months and not more than 24 consecutive months.

(c) Notwithstanding (a) and (b) above, an applicant holding a current MLADC license issued by the board of licensing for alcohol and other drug use professionals may under RSA 330-A, III, substitute their experience as an MLADC for up to 1500 hours of the work experience requirement under (a)(1) above and shall be permitted to substitute up to 50 face-to-face supervision hours under (a)(2) above.

(d) The supervision shall have provided for a minimum of one hour per week of individual face-to-face supervision between the supervisor and the applicant for a total of 100 hours.

(e) Acceptable clinical supervised experience shall require face-to-face contact with a supervisor who is responsible for the clinical development and guidance of the supervisee and is familiar with the supervisee's work and organizational setting.

(f) Supervision shall be provided pursuant to Mhp 302.01(c).

(g) The supervisor shall be licensed in the state where the supervision takes place.

(h) Supervision shall occur on site where the applicant delivers services, at a mutually convenient and ethically appropriate site, or using a virtual HIPAA compliant platform.

(i) Supervised experience shall not include class work, practicum, or internship experience or other course related experiences.

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(j) Supervisors shall not have a dual relationship with the supervisee such as a spouse, close relative, or therapist.

(k) Independent private mental health practice shall not be considered acceptable supervised professional experience.

(l) If the supervised professional experience was in a private practice, then the supervisee shall have a W-2 relationship with the site. A 1099 independent contractor relationship with the site shall not meet this requirement.

Readopt Mhp 305.04, effective 6-24-15 (Document #10857), to read as follows:

Mhp 305.04 Examination for Mental Health Counselors.

(a) All applicants for licensure shall pass the National Clinical Mental Health Counselor Exam distributed by the National Board of Certified Counselors.

(b) The following shall be submitted as evidence of a passing score on the national clinical mental health counselor examination:

(1) Written verification from the national board of certified counselors sent to the board office;
or

(2) A “Request for Results of Examinations score Form” dated 6/10/2014 completed by another jurisdiction and sent directly to the board office.

(c) Applicants wishing to take the national clinical mental health counselor exam shall obtain a test registration form by contacting the National Board for Certified Counselors.

APPENDIX I Statutes

Rule	Specific State Statute the Rule Implements
Mhp 303.01-303.04	RSA 330-A:17 I-XI
Mhp 304.01 – Mhp 304.02	RSA 330-A:18 I-IV
Mhp 305.01 – Mhp 305.04	RSA 330-A:19 I-III

APPENDIX II: Incorporation by Reference Information

RULE	TITLE	OBTAIN AT
Mhp 303.01 (a)(2) b.	Educational Requirements for Pastoral Psychotherapists (December 31, 2015)	Available free of charge at: www.aapcnortheast.org

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Commented [CW5]:
+jeanette.l.webber@oplc.nh.gov HI Jeanne - this link does not work. Can you reach out to the PP board member and ask if there is a new way to access the educational requirements for pastoral psychotherapists?

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